

Does swallowing mucus invalidate the fast?

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The Muhaddith of the Era

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allaah the most Kind the most Merciful

Question: As it relates to mucus which descends from the nose to the throat, does it break the fast?

Shaykh al-Albaanee (رَحِمَهُ اللهُ): Directly from the nose to the throat does not break the fast.

Question: Okay, what if they gather the mucus in their mouth (and then swallow it)?

Shaykh al-Albaanee (رَحِمَهُ اللهُ)¹: No, it has the same ruling my brother. But it is not permissible to intake mucus from an outside source, because it will then have the ruling of food and drink. And although this (swallowing mucus) is something disgusting and it is better to spit it out; but as for invalidating the fast, then it does not invalidate the fast.

¹ (رَحِمَهُ اللهُ) (rahimahullaah) May Allaah the Most High have mercy on him

For more works of Shaykh al-Albaanee please go to albaanee.com